

Stanford University Women's Basketball Presents:

WHERE ARE THEY NOW? WHERE ARE YOU GOING?

# HARD WORK

*WITH COACH TARA VANDERVEER*



**AN INTERACTIVE ILLUSTRATED STORY  
WHERE YOU WRITE THE ENDING!**



*STANFORD UNIVERSITY WOMEN'S BASKETBALL PRESENTS:*

**WHERE ARE THEY NOW? WHERE ARE YOU GOING?**

# **HARD WORK**

Welcome to “**HARD WORK**”, part two of the **Interactive Creative Writing Program from the Stanford Women's Basketball team and Coach Tara VanDerveer.**

In its first year, the program is an initiative to promote reading, writing, and creative thought in elementary school children.

The program runs from September 2010, through the spring of 2011, with each participant reading the provided illustrated workbooks, and finishing up each story either online or through the printed version you hold in your hands.

Participants submit their results to their teachers or finish the story online at

**[www.gostanford.com/sports/w-baskbl/wbbgrant.html](http://www.gostanford.com/sports/w-baskbl/wbbgrant.html)**

A winner will be chosen from each school and you can read about them online!

**But that's not all! At the back of this workbook, you will find a voucher for free admittance to a Stanford Basketball game on January 22, 2011. Just bring your parents, brothers, sisters, and all your friends, and listen for an announcement of winners during the game!**

Good luck to everyone who participates!  
Coach VanDerveer and Stanford University salute you!

For information on participating in this program, please e-mail Sarah Boruta — [sboruta@stanford.edu](mailto:sboruta@stanford.edu)

THIS WORKBOOK WAS CREATED ESPECIALLY FOR STANFORD UNIVERSITY BY





IT'S ANOTHER SUNNY DAY IN CALIFORNIA-- PERFECT FOR PLAYING BASKETBALL! BUT FIRST, STUDENTS ACROSS THE STATE ARE HARD AT WORK-- LEARNING!

...ABOUT MATH, SCIENCE, ART, AND...

**HISTORY!**

OKAY CLASS, GET OUT YOUR BOOKS AND TURN TO CHAPTER TWELVE, AS WE LEARN ABOUT THE

**INCAS**

HOWEVER, ONE STUDENT IS NOT WORKING AS HARD AS HE SHOULD...

THE INCAS LIVED IN CENTRAL MEXICO HUNDREDS OF YEARS AGO.

IT WAS A HARD AND DIFFICULT LIFE, BUT THE INCA PEOPLE WORKED HARD TOGETHER TO STAY FED, HEALTHY, AND...

JAMES-- WAKE UP! YOU ARE MISSING THE HISTORY LESSON!

YOU NEED TO WORK HARD TO GET YOUR GRADES UP!

HUH? OH, MARINA, WHO CARES ABOUT HISTORY?

BESIDES, THERE'S ONLY ONE THING I NEED TO WORK HARD AT--

...BASKETBALL. NOW, WHERE WAS I...

**WAKE UP!**

STANFORD UNIVERSITY WOMEN'S BASKETBALL PRESENTS:  
**WHERE ARE THEY NOW? WHERE ARE YOU GOING?**

# HARD WORK

AN INTERACTIVE STORY WITH COACH TARA VANDERVEER...



COACH  
VANDERVEER---  
COMING OUT OF THE  
I-CARDINAL DEVICE  
SHE GAVE US!

FROM THE DEVICE ON JAMES DESK  
APPEARS A MINIATURE PROJECTION  
(ALSO KNOWN AS A HOLOGRAM) OF  
STANFORD WOMEN'S BASKETBALL  
COACH TARA VANDERVEER!

THAT'S RIGHT,  
JAMES--- IT SEEMS  
LIKE YOU NEED MY HELP  
TO LEARN THE POWER  
OF HISTORY-- AND  
HARD WORK!

WORKING  
HARD GOES  
BEYOND SPORTS---  
IN FACT, HARD  
WORK IS THE KEY  
FACTOR IN MANY  
GREAT MOMENTS  
IN HISTORY...

...THE INDUSTRIAL  
REVOLUTION, THE  
CURE FOR POLIO,  
AND MORE!

...ALL OF  
WHICH YOU WOULD  
KNOW ABOUT IF YOU  
WEREN'T SLEEPING  
IN CLASS!



I WASN'T  
ASLEEP!

### **HARD WORK WRITING WARM-UP**

**WHY IS IT IMPORTANT TO WORK HARD IN SCHOOL?**

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**IN BASKETBALL, WHAT ARE SOME THINGS  
YOU CAN DO TO IMPROVE YOUR SKILLS?**

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THEN WHY  
IS THERE DROOL  
ON YOUR FACE?  
HA HA!


HI, COACH!  
MAYBE YOU AND  
THE I-CARDINAL  
DEVICE CAN HELP  
US LEARN MORE  
ABOUT HARD  
WORK!



COOL  
IDEA, MARINA!  
RIGHT KIMMY?  
ISIS?

YOU  
SAID IT,  
PETE!





THEN IT'S  
SETTLED! HOLD  
ON, AND GET  
READY!

WITH A SNAP OF  
HER HOLOGRAPHIC  
FINGERS, COACH  
VANDERVEER ACTIVATES  
A STRANGE AND  
MAGICAL APPLICATION  
ON THE I-CARDINAL  
DEVICE!

IT'S TIME  
TO GO ON A  
LITTLE TRIP!

AWESOME!

WE'RE  
TRAVELING  
THROUGH  
SPACE...

...OR TIME!  
LOOK!

HEY, THIS  
LOOKS SO VERY  
DIFFERENT, BUT  
FAMILIAR!

LOOK  
AT THAT GIANT  
TEMPLE!



WOW,  
WE'RE IN THE  
TIME OF THE  
INCA!

WHAT A  
GREAT WAY  
TO LEARN  
HISTORY!

I'LL  
TELL YOU  
WHAT I'VE  
LEARNED...

ANCIENT  
MOSQUITOES  
LOVE ME!  
YIKES!

LOOK AT  
THIS, KIMMY,  
AND YOU'LL  
REALLY LEARN  
SOMETHING!

INVISIBLE TO THE PEOPLE OF ANOTHER TIME,  
COACH VANDERVEER AND THE KIDS OBSERVE AN  
ANCIENT RITUAL-- A GAME!

THE INCAN  
PEOPLE HAD THEIR  
OWN GAME SIMILAR  
TO BASKETBALL!

WOW, IT'S  
LIKE A SIDEWAYS  
BASKETBALL  
HOOP!

### **THE INCA EMPIRE: HARD WORK AND HISTORY!**

THE INCAS PLAYED HARD, BUT WORKED HARD TOO!

**ARCHITECTURE:** THE INCA CONSTRUCTED ENORMOUS STONE  
TEMPLES THAT TOOK YEARS TO BUILD! THE STONES FIT TOGETHER  
SO WELL THAT ONE COULD NOT FIT A KNIFE THROUGH THE STONWORK.

**ROADS:** THE INCA HAD AN EXTENSIVE ROAD SYSTEM THAT RAN FOR  
THOUSANDS OF MILES ALONG THE COAST OF THE OCEAN! ONLY BY  
WORKING TIRELESSLY AS A TEAM DID THEY ACHIEVE THESE FEATS!

### **HARD WORK WRITING WARM-UP**

WHAT ARE SOME THINGS THAT YOU WORK HARD AT, AS A SON  
OR DAUGHTER, BROTHER OR SISTER, OR AS A TEAMMATE?

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COOL!  
THIS WAS  
GREAT!

THERE'S  
EVEN MORE TO  
LEARN, A FEW  
YEARS AHEAD, IN  
THE FUTURE!

ONCE AGAIN, THE I-CARDINAL  
DEVICE BEGINS TO GLOW, AND THE  
GROUP IS SWEEPED THROUGH TIME!

THE GROUP TRAVELS QUICKLY THROUGH TIME, THEN SUDDENLY THEY COME FACE TO FACE WITH THE **BEGINNING OF AMERICAN BASKETBALL!**

THERE HE IS--  
**DR. JAMES NAISMITH**,  
THE INVENTOR OF  
BASKETBALL AS WE  
KNOW IT!

HE CREATED  
THE GAME IN 1892,  
IN SPRINGFIELD,  
MASSACHUSETTS,  
AT THE SCHOOL IN  
WHICH HE WAS  
TEACHING!

WOW!

**WOW IS RIGHT!** NAISMITH NEEDED  
TO FIND A SPORT THAT WAS SUITABLE FOR  
PLAY INSIDE DURING THE MASSACHUSETTS  
WINTER FOR THE STUDENTS.  
NAISMITH WANTED TO CREATE A GAME  
OF SKILL FOR THE STUDENTS INSTEAD  
OF ONE THAT RELIED SOLELY  
ON STRENGTH.

HE NEEDED A GAME THAT COULD  
BE PLAYED INDOORS IN A  
RELATIVELY SMALL SPACE. THE  
FIRST GAME WAS PLAYED WITH  
A SOCCER BALL AND TWO PEACH  
BASKETS USED AS GOALS.

1893 - LESS THAN  
A YEAR AFTER  
BASKETBALL WAS  
INVENTED, WOMEN  
PLAYED FOR THE  
FIRST TIME.

BASKETBALL QUICKLY GREW TO A  
NATIONAL SPORT, PLAYED BY PEOPLE  
OF EVERY AGE AND COLOR! THE  
ORGANIZATION THAT WOULD BECOME THE  
**NCAA\*** STARTED IN 1906. THE  
**NBA\*\*** DEBUTED IN 1946!

THAT'S THE  
HISTORY OF  
NAISMITH'S  
HARD WORK...

NOW LET  
ME SHOW YOU  
THE HARD WORK OF  
SOME WOMEN I AM  
VERY PROUD OF...

\* NCAA - NATIONAL COLLEGIATE ATHLETIC ASSOCIATION  
\*\* NBA - NATIONAL BASKETBALL ASSOCIATION



THE YOUNG CLUB ARRIVES IN A SOMEWHAT FAMILIAR PLACE...

WE'RE BACK AT STANFORD--- BUT THESE PLAYERS ARE FROM THE WOMEN'S BASKETBALL PROGRAM'S PAST!

FROM ALL DIFFERENT TIMES--- THESE WERE ALL HARD WORKING PLAYERS THAT MADE CARDINAL FANS CHEER!

## SONJA HENNING

Played for Stanford: 1987-1991

When Sonja was a freshman, Coach VanDerveer held a practice that involved a lot of teaching and instruction, but little running and conditioning. After practice, Coach VanDerveer usually went running, and on this day, she saw Sonja outside running as well. When they passed each other they didn't say a word, but to Coach VanDerveer, Sonja's message was clear—that she hadn't worked hard enough in practice. Sonja wanted to win so badly that she was willing to work extra to prepare herself.



THE I-CARDINAL DEVICE FLASHES, AND THE KIDS SEE ANOTHER STANFORD PLAYER!

## JENNIFER AZZI

Played for Stanford: 1987-1990

Jennifer loved to play basketball and would always call up her friends and ask them to come to the gym to play with her—even on Sunday mornings. On Sunday afternoons, Jennifer would work on her shooting. Jennifer was not a good shooter, so she would call Coach VanDerveer and ask her to come to the gym and rebound for her. Jennifer would shoot 3-pointers from seven spots around the 3-point arc and was determined to make 8 or more 3-pointers out of 10 tries at each spot. One day, Jennifer and Coach VanDerveer were in the gym for four hours before Jennifer accomplished her goal, and Coach VanDerveer thought her arms were going to fall off from rebounding so much! Jennifer worked extremely hard and it paid off when she and her teammates won the National Championship.





THE I-CARDINAL DEVICE FLASHES, AGAIN AND WE SEE ANOTHER OF STANFORD'S HISTORICAL PLAYERS:

## SUSAN BORCHARDT

Played for Stanford: 2000-2005

When Susan came to Stanford as a freshman, all of the freshmen had orientation which lasted all day long for a week. Typically, basketball practice would start the week after orientation, and players were expected to work out during the summer and come back to campus in good shape. When Susan saw the all-day orientation schedule, she told the other freshmen to meet in the weight room at 6:30am every morning to lift, bike, and shoot, because it was the only free time they would have to work out. Susan's dedication resulted in not only the freshmen in the weight room early, but also the upperclassmen who did not want to be shown up by their young teammates. Susan was a hard worker who motivated her teammates to work hard as well.



WOW,  
THEIR HARD  
WORK REALLY  
PAID OFF!

WELL,  
THEY DIDN'T  
JUST WORK  
HARD ON THE  
COURT!

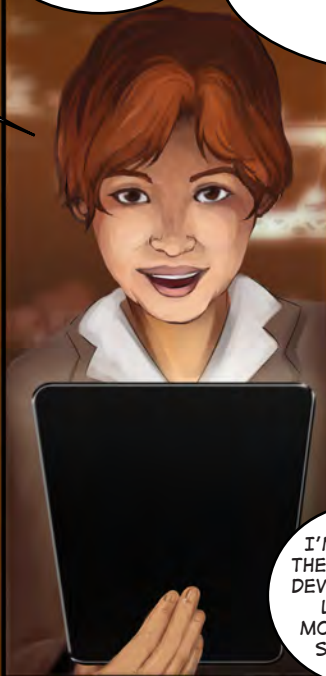
THEY ALSO  
WORKED HARD  
IN SCHOOL AND  
THE RESULTS ARE  
OBVIOUS:

**HENNING**  
BECAME A LAWYER AND  
BUSINESSWOMAN. **AZZI** IS THE  
HEAD COACH OF THE UNIVERSITY  
OF SAN FRANCISCO'S WOMEN'S  
BASKETBALL TEAM, AS WELL AS  
AN ACCOMPLISHED  
MOTIVATIONAL  
SPEAKER.

**BORCHARDT**  
BECAME A CERTIFIED  
STRENGTH TRAINER  
AND NUTRITIONIST.

I'M SETTING  
THE I-CARDINAL  
DEVICE TO TELL  
US SOME  
MORE PLAYER  
STORIES...

NO, WAIT! I  
WANT MORE OLD  
TIME HISTORY!





ISIS!  
GIVE IT  
BACK!

IT'S MY  
TURN!

THE GIRLS HIT BUTTONS ON THE I-CARDINAL  
DEVICE AT THE SAME TIME, RESULTING IN A  
TIDAL WAVE OF COLOR!

YIKES!

LOOK  
WHAT WE  
DID!

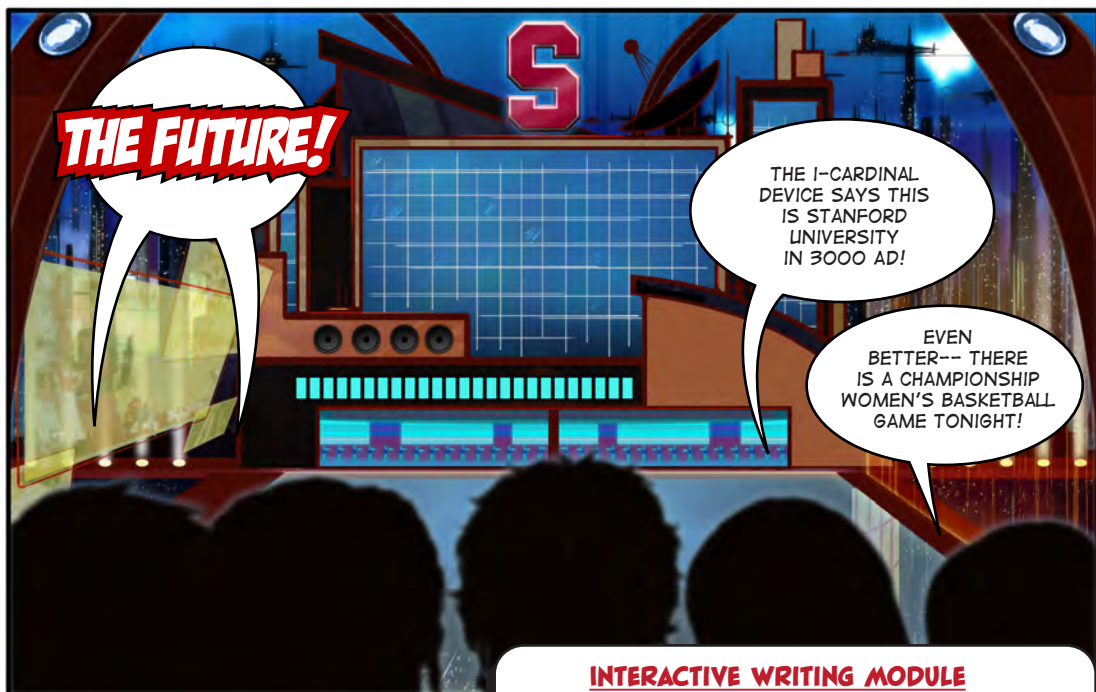
I TAKE IT  
BACK--- YOU  
CAN HAVE A  
TURN!

IT'S TOO  
LATE NOW!

HEY---  
WE'VE ENDED UP  
SOMEWHERE NEW---  
BUT COACH VANDER-  
VEER IS GONE!

LOOK!  
THE LIGHTS,  
THE BUILDINGS!  
THIS MUST  
BE...

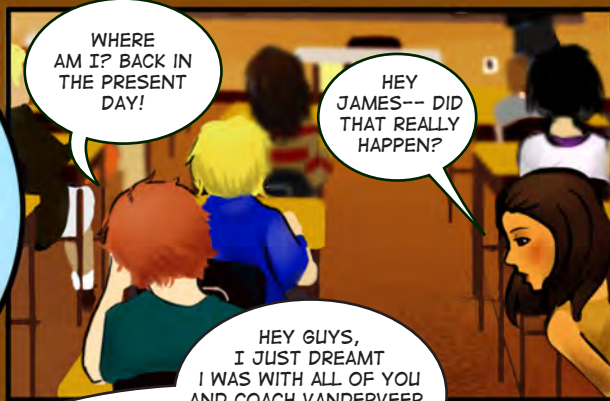




## INTERACTIVE WRITING MODULE

**WRITE ABOUT WHAT THE FUTURE WILL LOOK LIKE IN THE 31<sup>ST</sup> CENTURY-- WILL IT BE BETTER OR WORSE? ALSO, WRITE ABOUT THINGS WE WILL NEED TO WORK HARD ON IN THE FUTURE-- LIKE THE ENVIRONMENT, OR GROWING FOOD, OR...?**

[illegible]



HEY GUYS, I JUST DREAMT I WAS WITH ALL OF YOU AND COACH VANDERVEER, TRAVELING THROUGH TIME!



**RIIIING!!!**

WELL, IT'S THE END OF THE SCHOOL DAY, AND THAT'S NO DREAM!



AS JAMES PACKS UP HIS SCHOOL BOOKS, HE FAILS TO NOTICE A CERTAIN STANFORD COACH SMILING AND HOLDING A FUTURISTIC BALL...



THE STUDENTS QUICKLY LEAVE SCHOOL, HEADED FOR BUSES, OR A SHORT WALK HOME.

FOR JAMES, MARINA, KIMMY, PETE, AND ISIS, IT'S TIME TO HEAD TO THE BASKETBALL COURTS...

...AND WE LEARNED ABOUT HARD WORK, AND SAW ALL THESE COOL THINGS!..

WHAT ABOUT THE PART WITH THE INCA? AND DR. NAISMITH?

MY FAVORITE PART WAS SEEING STANFORD WIN THE NCAA CHAMPIONSHIP IN THE FUTURE!

WELL, WHO'S READY TO PLAY HARD DOWN AT THE COURTS? KIMMY? JAMES?

YOU BET--- THEN I'M HEADED HOME TO WORK HARD ON MY HISTORY AND MATH!

WHAT A DREAM! IT SURE SEEMED REAL...

THE KIDS HEAD OFF TO PLAY, NOT SURE WHAT HAPPENED. ONLY LATER, WHEN JAMES PULLS OUT HIS HOMEWORK AND FINDS A CHAMPIONSHIP BANNER FROM THE FUTURE, WILL THEY TRULY KNOW WHAT HAPPENED-- OR WILL THEY?

THE  
END

# AUTOGRAPHS

**GET YOUR STANFORD WOMEN'S BASKETBALL  
PLAYER AUTOGRAPHS AT THE GAME!**





gostanford.com

cut along dotted line



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Name of Student

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School

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School (continued)

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Grade

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Name of Teacher

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Name of Parent

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Parent Email

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Address (continued)

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# FREE ADMISSION

**Stanford University  
Women's Basketball**

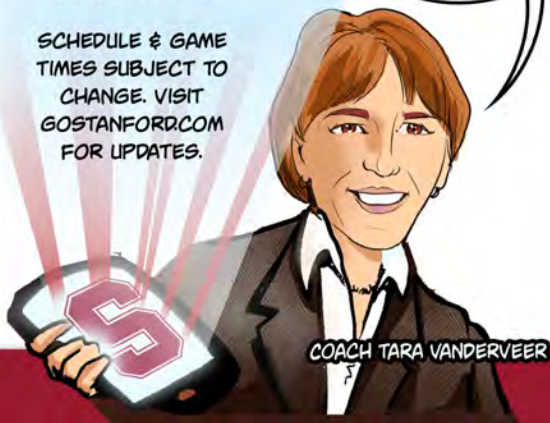
**VS.  
USC**

**JANUARY 22, 2011  
MAPLES PAVILION  
2:00 PM**

VOUCHER IS VALID  
FOR ONE CHILD UNDER  
THE AGE OF 14.

SCHEDULE & GAME  
TIMES SUBJECT TO  
CHANGE. VISIT  
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FOR UPDATES.

COME  
JOIN THE  
FUN!



COACH TARA VANDERVEER

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